

SOAR WORKSHOPS



This fall, our workshops offer a diverse range of classes catering to children in Kindergarten through Eighth grade. Our dedicated instructors bring a wealth of experience and creativity to each session, ensuring that every student has the opportunity to explore their passions for engineering, outdoor exploration, filmmaking, painting, clay, movement, music, and more. Whether your child dreams of creating artistic masterpieces or learning the fundamentals of squash or circus arts, our workshops provide a supportive and enriching environment for them to grow and thrive.

SOAR aims to keep the fees reasonable and accessible to all. We offer financial aid to those families who need assistance, thanks in part to a generous grant from Salisbury Family Services.

Registration for fall workshops will open on Tuesday, August 27th and run through Tuesday, September 3rd. Please reach out if you have any questions on how to register.

All the best,

Lauren Brown, Executive Director
soarenrichment@gmail.com

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Seek Originate Aim Reach

"The quality of a public school is the mirror of the community: it affects the future of the community, the people it attracts, and the values of the community."

-Zenas Block, SOAR
 Founder

For more information:

soarkids.org

Registration Information

Registration for SOAR classes will open on Tuesday, August 27th at 9:00am and run through Tuesday, September 3rd at 3:00pm. Most workshops begin the week of September 16th and run through mid November. Our registration form allows you to rank your preference (1st-4th) for multiple classes, and everyone who registers by September 3rd will have an equal chance of getting into a high preference class. Please rank only one class as a first choice, second choice, third choice, etc. Registration confirmations will be emailed on or before Sunday, September 8th. Late registrations will be offered only if spots remain.

Once you know the workshops your child(ren) is interested in signing up for, click on the following link for registration:

FALL TERM - <https://forms.gle/YNHnjYHeRTN9rJBa7>

Payment Information

Workshop fees are stated on the class descriptions, include all materials, and average out to cost between \$9-12 a class per workshop session. Official invoices from SOAR will arrive in your inbox later in September and must be paid within two weeks. Invoices can be paid with a credit card, debit card, or check. Cancellations/changes to registration must be made prior to the first day of the workshop. Because of the high demand of classes, we are unable to offer a refund once workshops begin.

Financial Aid Information

SOAR is committed to providing high quality programs at a reasonable cost. Financial aid is available thanks in part to Salisbury Family Services. Salisbury Family Services is here to help anyone in our community get through difficult times. Please visit salisburyfamilyservices.org to learn more. To request confidential financial support, check the appropriate box on the registration form. If you have any questions, please email the SOAR Executive Director.

Important Information

DATES/TIMES

Note dates and times of each workshop. They vary by workshop and are not consistent from class-to-class.

EXTRAS CREDIT

For children who have registered for a SOAR class only on a day and time they are already enrolled in EXTRAS, families will receive a one time \$15 SOAR credit. Please indicate if your child is attending EXTRAS on the days and times of workshops selected on the registration form.

SIBLING DISCOUNT

We offer a discount to families with multiple children enrolled in classes.

- 2 children - 5% off total bill
- 3 children - 10% off total bill
- 4+ children - 15% off total bill

WHAT TO BRING

Pack additional healthy snacks on the days your child attends SOAR. Food sharing is not allowed and we do not provide snacks (unless listed in workshop description).

ABSENCES

We kindly ask that you notify the SCS office and the SOAR Executive Director if your child will be in school the day of their workshop but will not be attending their SOAR class. Failure to do so delays the departure of SCS buses and SOAR classes.

PICK UP

Pickup your child promptly. Pickup is from the upper building circle, unless otherwise noted. Dismissal times vary from workshop to workshop. If your child is going home with someone other than the individual listed on the registration form, please inform the Executive Director prior to dismissal.

CANCELLATIONS

SOAR workshops are automatically cancelled if SCS closes early or cancels after-school activities. Every effort will be made to make-up SOAR classes, but this is not always possible.

Fall Courses

ANIMAL ADVENTURES LEGO: Grades K-2 (Monday)

Let your imagination run wild with tens of thousands of LEGO® parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes. Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Animal Adventures: Lego	K-2	\$60	Monday 3:15-4:15	9/23, 9/30, 10/7, 10/21, 10/28, 11/4	12	Play-Well

CLAY PLAY: Grades K-1 (Tuesday)

Clay Play is a sensory exploration! Roll up your sleeves and get messy! In this workshop we will explore the medium of clay. Participants will learn different construction techniques and various methods of surface decoration. We will make an assortment of functional and decorative pieces. At the end of the class, finished pieces will be displayed at BES Millerton for a casual reception open to friends and families.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Clay Play	K-1	\$60	Tuesday 3:15-4:15	9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12	10	Erica Recto

ART IN MOTION: Grades K-2 (Thursday):

Art does not have to hang on a wall or sit on a table; it can also move and fly. Three dimensional sculpture projects, such as wind chimes, wheeled vehicles and UFOs will be made using a variety of materials: metal foil, paper, and found and recycled materials.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Art in Motion	K-2	\$60	Thursday 3:15-4:15	9/19, 9/26, 10/3, 10/10, 10/17, 11/7, 11/14	10	Vicki Hayes

GARDENING FUN: Grades K-2 (Tuesday)

So much can be learned by digging in the dirt. Gardening is a perfect activity for children to experience and develop a connection to the Earth. It awakens the senses and fosters kindness through the caring of plants and all living things. In this class we will explore and discover the joys of gardening by learning about what it takes to grow beautiful plants. Lastly, we will create art projects composed of materials from nature. Join today for a fun and rewarding experience! Dress for weather and mess!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Gardening Fun	K-2	\$50	Tuesday 3:15-4:30	9/10, 9/17, 10/8, 10/15, 10/22	8	Carol Fellerman

COZY CLUB NEEDLE ARTS: Grades 1-2 (Wednesday)

Starting with large-eye plastic needles, students will use basic hand-sewing and embroidery skills to explore the relaxing world of needlework! Focus will be on process and materials, rather than predetermined projects, so that students can develop their own projects based on their interests. No experience necessary.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Cozy Club Needle Arts	1-2	\$45	Wednesday 3:15-4:15	10/2, 10/9, 10/30, 11/13	8	Meg Musgrove

CREATING WITH PAPER MACHE: Grades 2-4 (Monday)

It all starts with an idea! In this class students will be active in every part of their creation. First they will be asked to sketch an idea they would like to create. Then they will build their own armature using their choice of materials. With this framework, they will create their own sculpture of their dreams.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Paper Mache	2-4	\$55	Monday 3:15-4:15	9/23, 9/30, 10/7, 10/21	10	Ann Moulton

ACRODANCE: Grades 2-4 (Friday):

Acrobatics is defined by athleticism and artistry while featuring elements of gymnastics and dance. Students will learn the foundations necessary to perform acrobatic feats both in tumbling and stunting while in a safe and supportive environment. Ms. Erin is an experienced state certified dance instructor, safety certified by USA Gymnastics, and is First Aid & CPR/AED certified by the American Heart Association. Weekly acro-dance classes will follow nationally accredited best practices set forth by Acrobatic Arts for a safe and nourishing acrobatic education. Please have your child dress in clothes they can move freely in.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Acrodance	2-4	\$45	Friday 3:15-4:15	9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8	10	Erin Mahoney

ADORNMENTS & ALCHEMY: Grades 3-5 (Wednesday)

Join local artisan Jessica DeCarlo of Rosemary Rose Finery and create your own custom salve, spray, and lotion using natural and foraged materials. After that, dig into the buckets of gems, jewels, and beads to create various adornments such as jewelry, wind chimes and more.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Adornments & Alchemy	3-5	\$45	Wednesday 3:15-4:30	9/25, 10/2, 10/30	10	Jessica DeCarlo

CIRCUS ARTS: Grades 3-5 (Monday)

In this 5 week workshop we will play games to focus and stimulate creativity and work to improve balance and coordination. We will explore juggling, Chinese yo-yo, flower sticks, spinning plates unicycling, ball walking, and tumbling. New and experienced circus kids will learn new skills and have fun! On the last day of the workshop there will be a short performance for family and friends.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Circus Arts	3-5	\$50	Monday 3:15-4:15	9/23, 9/30, 10/7, 10/21, 10/28	10	Joel Menendez - Matica Arts

MINECRAFT LEGO: Grades 3-6 (Thursday)

Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Minecraft Lego	3-6	\$60	Thursday 3:15-4:15	9/19, 9/26, 10/3, 10/10, 10/17, 11/7	10	Play-Well

BLUES AND BEYOND: Grades 3-8 (Wednesday):

The Blues and Beyond brings in Professional Masterclass Musicians to teach, perform and inspire students using music as the vehicle to tell the history of America from the 1600s to present day spotlighting ancient West African roots music, progressing all the way into Hip Hop and Modern Day Pop. Our interactive classes showcase how this interdisciplinary and culturally responsive program provides rich pathways to connect students to history, literacy, social studies, and social emotional learning, via the evolution of African American music in the United States. Students will have an opportunity to write their own songs and have them performed by the musicians at an end of term concert. For history buffs, musicians, and social justice seekers, this class is for you!

This workshop is made possible by Northwest Corner Gives, a grant from Northwest Connecticut Community Foundation. www.yournccf.org

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Blues and Beyond	3-8	\$55	Wednesday 3:15-4:45	9/25, 10/2, 10/9, 10/30, 11/13, 12/4	12	The Blues and Beyond

SQUASH: Grades 4-6 (Friday)

An 8 week program detailing the fundamentals of squash technique. Practice will consist of feeding, soloing, condition games, matchplay, fun squash activities, and of course a bit of fitness. Squash racquets will be provided, but players will need non-marking clean shoes (not street shoes) and eye protection in order to participate. *Please note that this workshop will be held at Hotchkiss and children must be picked up in the athletic center at the end of class.*

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Squash	4-6	\$50	Friday 3:15-4:30	9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8	8	Bobby Burns - Burnt Squash

CLAY SCULPTURE: Grades 4-5 (Thursday)

Building on basic clay techniques students will create larger sculptural works and kinetic sculptures such as mobiles. At the end of the class, finished pieces will be displayed at BES Millerton for a casual reception open to friends and families. Dress for mess!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Clay Sculpture	4-5	\$60	Thursday 3:15-4:30	9/19, 9/26, 10/3, 10/17, 11/7, 11/14	8	Erica Recto

KIDSPIRATION: ABSTRACT ART ADVENTURES: Grades 5-6 (Tuesday)

Children will explore key concepts of abstract art using a variety of hands on activities with local artist Nina Khatashvili. Students will work with shapes and colors, create collaborative pieces, use music to inspire their art, and create a variety of individual pieces. At the end of the session there will be an exhibition for friends and family.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Kidspiration: Abstract Art Adventures	5-6	\$60	Tuesday 3:15-4:30	9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12	10	Nina Khatashvili

THEATER GAMES: Grades 5-8 (Thursday):

The birthplace of improvisation and sketch comedy! In this class, we'll share a collaborative experience of play. Through connection, experimentation and discovery we will develop the fundamentals for all good storytelling. All for one and one for all!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Theater Games	5-8	\$55	Thursday 3:15-4:15	9/19, 9/26, 10/3, 10/10, 10/17, 11/7	12	Kathleen McElfresh

WRITE ON: CREATIVE WRITING: Grades 5-8 (Thursday)

Join Hudson Valley poet and writer, Abigail Gallagher, to build your creative writing skills! Abigail will provide prompts to practice character-building, setting design, and unique plot development. We will experiment in various genres including realistic fiction, science fiction, fantasy, and poetry. All you need is something to write with and your imagination!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Write On: Creative Writing	5-8	\$50	Thursday 3:15-4:30	9/19, 9/26, 10/3, 10/10, 10/17, 11/7, 11/14	12	Abbey Gallagher

HORROR FILMS: Grades 5-8 (Tuesday)

From brainstorming the concept to editing the final cut, this workshop will give children an opportunity to work alongside Hollywood directors, screenwriters, producers, and actors to learn what it takes to make a movie. The children will work together to create their own short film by acting, directing and editing. Although not required, students can bring their own digital recording devices (iPhone/iPad) to the class. The workshop concludes with a screening at The Millerton Moviehouse on October 27th where family and friends will be able to watch the final product and celebrate their success as filmmakers! Click [this link](#) to view last year's films. Rated: SS for silly scary!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Horror Films	5-8	\$55	Tuesday 3:15-5:00	9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/27 (screening)	15	Kip Williams & The Millerton Movie House

INTRO TO DUNGEONS AND DRAGONS: Grades 5-8 (Wednesday)

Come join us to learn about Dungeons & Dragons, the original role-playing game! In Dungeons & Dragons, the players form an adventuring party who explore fantasy worlds together as they embark on epic quests and level up in experience. In this class, we will learn the basic rules of D&D, and each player will create a character of their own. A full D&D game takes dozens of hours over many sessions to complete, so we will begin a short adventure together and get a sense for how a campaign unfolds.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Dungeons & Dragons	5-8	\$45	Wednesday 3:15-4:45	9/25, 10/2, 10/9, 10/30, 11/13	6	Doron Blake

DRAWING COMICS: Grades 5-8 (Friday):

Join Salisbury Central parent, Alex Lins, for an adventure in comics. This course has two aspects. The first is about drawings and figuring out how to think visually and execute ideas on paper. The second aspect is about how images go together to tell stories and express thoughts in an engaging way. The teaching will be based on students interests and skill set. Our goal is for students to end up with a short story at the conclusion of the classes.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Drawing Comics	5-8	\$50	Friday 3:15-4:45	9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8	8	Alex Lins

GREENAGERS EXPLORE: Grades 6-8 (Tuesday):

Students will have a chance to connect with our local environment and community, instilling a sense of stewardship that they will carry with them. During afternoon trips to local conservation areas and parks, we will be hiking, studying the local watershed and geographical features. There will be a project-based learning experience related to either farming, conservation, or hands-on building and we will do one service learning project. Please note that this workshop is offsite and transportation will be provided by Greenagers. A separate waiver will be provided by Greenagers prior to the first class. Students will be picked up at Salisbury Central at 4:45.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Greenagers Explore	6-8	\$55	Tuesday 3:15-4:45	9/24, 10/1, 10/8, 10/15, 10/22, 10/29	10	Greenagers

Fall Master Class

UPSCULPT: Grades 2-6 (Wednesday, October 16 - Early Dismissal Day):

Combining upcycling and sculpting to create environmentally conscious art to educate and engage the public regarding issues surrounding marine debris. We remove plastics from beaches and bring attention to the problem, while creating beauty from waste. Upsculpt communicates through different modalities using visual art and educational workshops to expose the problem while presenting solutions through hands-on training. Participants learn about plastics in the ocean and use marine debris to create their own unique wreath. Check out www.upsulpt.com for more info!

Class	Grades	Fee	Time	Dates	Max	Instructor
Upsculpt	2-6	\$45	12:15-3:15 (early dismissal day)	Wednesday, October 16th	12	Upsculpt

Week at a Glance

Monday	Tuesday	Wednesday	Thursday	Friday
Musical* (4-8)	Clay Play (K-1)	Cozy Club: Needle Arts (1-2)	Art in Motion (K-2)	Musical* (4-8)
Lego Building - Animal Adventures (K-2)	Gardening Fun (K-2)	Adornments & Alchemy (3-5)	Lego Minecraft Engineering (3-6)	Acrodance (2-4)
Paper Mache (2-4)	Abstract Art (5-6)	Intro to Dungeons and Dragons (5-8)	Clay Sculpture (4-5)	Squash (off-site) (4-6)
Circus Arts (3-5)	Horror Films (5-8)	Blues and Beyond (3-8)	Intro to Theater Games (5-8)	Drawing Comics (5-8)
	Greenagers (off-site) (6-8)		Write On: Creative Writing (5-8)	

*please refer to [this document](#) for information about the musical

BEHAVIOR EXPECTATIONS

All students attending Salisbury Central School are welcome and eligible to attend SOAR workshops. While attending these workshops, the same behavioral expectations that exist during the school day are also expected during all SOAR workshops, whether they take place at SCS or off-site. All students attending SOAR workshops are expected to: **Be Respectful**, **Be Responsible**, and **Be Safe**.

Be Respectful

- Stop, listen and pay attention when someone speaks to you
- Follow directions of instructor and/or other adults
- Use quiet voices as directed, especially when inside
- Use good manners
- Be kind with your actions and words
- Take care of school/SOAR property
- Tell the truth

Be Responsible

- Arrive for a workshop ready to learn
- Be an active participant in class
- Complete all activities/projects as assigned
- Leave no trace

Be Safe

- Walk inside classrooms and the school building
- Maintain personal space and body awareness
- Follow school safety procedures
- Be sure an instructor/adult knows where you are at all times

Most of the time SOAR instructors are able to handle minor infractions and no further action is required. However, there are times when a behavior is more serious or persistent and will require intervention by the SOAR Executive Director. Depending on the situation, the Director will determine the appropriate response. For more serious incidents, the parents of all children involved in the situation will be contacted and an incident report will be written. When appropriate, this report will be shared with SCS administration. SOAR and the school can then work together to determine the best course of action. **All students participating in SOAR workshops as well as their caregivers, will be required to acknowledge the behavior expectations during registration.** SOAR strives to create a positive experience for all students. If your child has any special needs (learning/behavior, etc), please inform the Executive Director. We will work together to provide appropriate support and guidance so your child and others can get the most of their SOAR experience.

Our History

For over 20 years, SOAR, has been offering high quality enrichment programming to the children at Salisbury Central School (SCS) in Lakeville, CT through after school workshops, in-school programming, special events, and teacher mini-grants. The organization's mission is to augment the school's existing daily curriculum and to promote the self-discovery, talents, and learning of every child at SCS.

SOAR was founded in 2000 by Zenas Block, a chemist, entrepreneur, and business school professor who served on the Salisbury Central School Board of Finance for many years. Block envisioned an enrichment program that would bolster and augment the school's existing curriculum, and with the help of the school's principal at the time, C. Zbynek Gold, and SOAR's first program director, Karen Lundeen, he made that vision come to life.

Over his lifetime, Block built many businesses, was awarded nineteen patents, and developed some of the first research and graduate-level courses on entrepreneurship. SOAR was his final project and one he held very dear. Block's legacy lives on in every student who benefits from SOAR'S program. Each year, The Zenas Block Award for Excellence in Science is given to an 8th grader as a way to honor Zenas' legacy.

Our Team

EXECUTIVE DIRECTOR

Lauren Brown

BOARD OF DIRECTORS

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