

# SOAR WORKSHOPS



SOAR is excited to bring you an amazing lineup this winter. From building intricate LEGO structures to exploring the wonders of science through hands-on experiments, there is something for everyone.

We have many popular programs returning such as the Sharon Playhouse improv and dance workshops, Kidspirations: Abstract Painting, Storybook Sweets, LEGO, and Acrodance. And thanks in part to generous grants from the Northwest Connecticut Community Foundation, we are able to offer our first Girls' Science Club at no cost to SOAR participants.

Registration for classes will open on Monday, January 6th at 9:00am and run through Monday, January 13th at 3:00pm. Once again, financial aid is available. Lastly, Spring workshops are being finalized and will be released in late February. Stay tuned.

We're looking forward to another great term together!

Warmly,

Lauren Brown, Executive Director  
[soarenrichment@gmail.com](mailto:soarenrichment@gmail.com)

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Seek Originate Aim Reach

*"The quality of a public school is the mirror of the community: it affects the future of the community, the people it attracts, and the values of the community."*

-Zenas Block, SOAR  
 Founder

For more information:

[soarkids.org](http://soarkids.org)

# Registration Information

Registration for SOAR classes will open on Monday, January 6th at 9:00am and run through Monday, January 13th at 3:00pm. Our registration form allows you to rank your preference (1st-4th) for multiple classes, and everyone who registers by January 13th will have an equal chance of getting into a high preference class. Please rank only one class as a first choice, second choice, third choice, etc. Registration confirmations will be emailed on or before Saturday, January 18th. Late registrations will be offered only if spots remain.

Once you know the workshops your child(ren) is interested in signing up for, click on the following link for registration:

WINTER TERM - <https://forms.gle/icX8SSpd4cNRj3Yi6>

# Payment Information

Workshop fees are stated on the class descriptions, include all materials, and average out to cost between \$9-12 a class per workshop session. Official invoices from SOAR will arrive in your inbox later in January and must be paid within two weeks. Invoices can be paid with a credit card, debit card, or check. Cancellations/changes to registration must be made prior to the first day of the workshop. Because of the high demand of classes, we are unable to offer a refund once workshops begin.

# Financial Aid Information

SOAR is committed to providing high quality programs at a reasonable cost. Financial aid is available thanks in part to Salisbury Family Services. Salisbury Family Services is here to help anyone in our community get through difficult times. Please visit [salisburyfamilyservices.org](https://salisburyfamilyservices.org) to learn more. To request confidential financial support, check the appropriate box on the registration form. If you have any questions, please email the SOAR Executive Director.

# Important Information

## DATES/TIMES

Note dates and times of each workshop. They vary by workshop and are not consistent from class-to-class.

## EXTRAS CREDIT

For children who have registered for a SOAR class only on a day and time they are already enrolled in EXTRAS, families will receive a one time \$15 SOAR credit. Please indicate if your child is attending EXTRAS on the days and times of workshops selected on the registration form.

## SIBLING DISCOUNT

We offer a discount to families with multiple children enrolled in classes.

- 2 children - 5% off total bill
- 3 children - 10% off total bill
- 4+ children - 15% off total bill

## WHAT TO BRING

Pack additional healthy snacks on the days your child attends SOAR. Food sharing is not allowed and we do not provide snacks (unless listed in workshop description).

## CELL PHONE POLICY

Cell phones must remain in backpacks at all times. If a student has a cell phone out during SOAR, it will be collected and returned at the end of class. If a child needs to communicate with a family member (or vice versa), they can do so by communicating with a SOAR employee.

## ABSENCES

We kindly ask that you notify the SCS office and the SOAR Executive Director if your child will be in school the day of their workshop but will not be attending their SOAR class. Failure to do so delays the departure of SCS buses and SOAR classes.

## PICK UP

Pick up your child promptly. Pickup is from the upper building circle, unless otherwise noted. Dismissal times vary from workshop to workshop. If your child is going home with someone other than the individual listed on the registration form, please inform the Executive Director prior to dismissal.

## CANCELLATIONS

SOAR workshops are automatically cancelled if SCS closes early or cancels after-school activities. Every effort will be made to make-up SOAR classes, but this is not always possible.

# Winter Courses

Register here:

<https://forms.gle/icX8SSpd4cNRj3Yi6>

## **DRUMMING: Grades K-1 (Monday)**

Join Li and Charlie from The Music Cellar and learn how to play rhythms on the hand drum! Where do these rhythms come from? What are they for? How can we get the most musical sound out of the drum? Join this class to learn all this and more!

| Class    | Grades | Fee  | Day/Time            | Dates                               | Max | Instructor   |
|----------|--------|------|---------------------|-------------------------------------|-----|--------------|
| Drumming | K-1    | \$45 | Monday<br>3:15-4:00 | 1/27, 2/3, 2/10,<br>2/24, 3/3, 3/10 | 10  | Music Cellar |

## **STORYBOOK SWEETS: Grades K-1 (Tuesday):**

Do you love books? Do you love to cook? Join Mrs. Charles on an adventure into Storybook Sweets! Students will have an opportunity to hear a story and make a sweet treat related to the book we share, as well as build a cookbook of the recipes used. Priority will be given to students who have not participated before. Please notify us if your child has food allergies.

| Class            | Grades | Fee  | Day/Time             | Dates                          | Max | Instructor       |
|------------------|--------|------|----------------------|--------------------------------|-----|------------------|
| Storybook Sweets | K-1    | \$55 | Tuesday<br>3:15-4:30 | 1/21, 1/28, 2/4, 2/11,<br>2/25 | 8   | Michelle Charles |

## **AUDUBON ADVENTURES: Grades K-1 (Wednesday)**

Spend the afternoon with Sharon Audubon and find out what is special about this time of year. Learn about various plants and animals that make our area unique.

| Class              | Grades | Fee  | Day/Time               | Dates                    | Max | Instructor     |
|--------------------|--------|------|------------------------|--------------------------|-----|----------------|
| Audubon Adventures | K-1    | \$50 | Wednesday<br>3:15-4:15 | 1/29, 2/5, 2/12,<br>2/26 | 10  | Sharon Audubon |

## LEGO WINTER WONDERLAND ADVENTURES: Grades K-2 (Monday)

Bundle up! We are creating a spectacular Winter Wonderland! Build bobsleds, design snowmobiles, and take a ride on the Polar Express. Explore your snowiest ideas and learn STEM concepts with tens of thousands of LEGO® pieces at your mitten-tips and the guidance of an experienced Play-Well instructor.

| Class                             | Grades | Fee  | Day/Time            | Dates                               | Max | Instructor |
|-----------------------------------|--------|------|---------------------|-------------------------------------|-----|------------|
| LEGO Winter Wonderland Adventures | K-2    | \$60 | Monday<br>3:15-4:15 | 1/27, 2/3, 2/10, 2/24,<br>3/3, 3/10 | 12  | Play-Well  |

## MESSY SCIENCE: Grades K-2 (Thursday)

Explore the world of science through kitchen science experiments that use everyday household items. Learn the science behind slime, chemical reactions and more! Please note that due to the popularity of the class, priority will be given to students who have not taken this class before.

| Class         | Grades | Fee  | Day/Time              | Dates                          | Max | Instructor           |
|---------------|--------|------|-----------------------|--------------------------------|-----|----------------------|
| Messy Science | K-2    | \$55 | Thursday<br>3:15-4:30 | 1/23, 1/30, 2/6,<br>2/20, 2/27 | 10  | Letitia Garcia-Tripp |

## ANIMALS! ANIMALS! ANIMALS!: Grades 2-3 (Thursday)

Everyone loves animals; kids can't get enough of them. Their shape, surface (fur, feathers or scales), and colors have inspired artists of all ages through the ages. Young artists will produce art projects using animals as their subject. We will explore a variety of art materials including paint, printmaking, modeling clay, sumi-e ink and paper mache.

| Class                            | Grades | Fee  | Day/Time              | Dates                                | Max | Instructor  |
|----------------------------------|--------|------|-----------------------|--------------------------------------|-----|-------------|
| Animals!<br>Animals!<br>Animals! | 2-3    | \$55 | Thursday<br>3:15-4:30 | 1/23, 1/30, 2/6,<br>2/13, 2/20, 2/27 | 8   | Vicki Hayes |

## SHORT STORIES WITH HOTCHKISS: Grades 2-4 (Monday)

Join Hotchkiss students Remy Lee and Lucas Juneja to create your own short story. From brainstorming to publishing and everything in between, students will be guided through the writing process. Bring your creativity and publish a story today!

| Class         | Grades | Fee  | Day/Time            | Dates                               | Max | Instructor |
|---------------|--------|------|---------------------|-------------------------------------|-----|------------|
| Short Stories | 2-4    | \$40 | Monday<br>3:15-4:15 | 1/13, 1/27, 2/3, 2/10,<br>2/24, 3/3 | 8   | Hotchkiss  |

### TINY ART: Grades 2-4 (Wednesday)

Create miniature masterpieces such as tiny food, tiny paintings, and more! Each week there will be a different project where you can let your imagination take flight!

| Class    | Grades | Fee  | Day/Time               | Dates                         | Max | Instructor         |
|----------|--------|------|------------------------|-------------------------------|-----|--------------------|
| Tiny Art | 2-4    | \$55 | Wednesday<br>3:15-4:15 | 1/29, 2/5, 2/12,<br>2/26, 3/5 | 10  | Ali<br>Deprodocini |

### ACRODANCE: Grades 2-4 (Friday):

Acrobatics is defined by athleticism and artistry while featuring elements of gymnastics and dance. Students will learn the foundations necessary to perform acrobatic feats both in tumbling and stunting while in a safe and supportive environment. Ms. Erin is an experienced state certified dance instructor, safety certified by USA Gymnastics, and is First Aid & CPR/AED certified by the American Heart Association. Weekly acro-dance classes will follow nationally accredited best practices set forth by Acrobatic Arts for a safe and nourishing acrobatic education. Please have your child dress in clothes they can move freely in.

| Class     | Grades | Fee  | Day/Time            | Dates                               | Max | Instructor      |
|-----------|--------|------|---------------------|-------------------------------------|-----|-----------------|
| Acrodance | 2-4    | \$45 | Friday<br>3:15-4:15 | 1/24, 1/31, 2/7, 2/21,<br>2/28, 3/7 | 10  | Erin<br>Mahoney |

### GIRLS' SCIENCE CLUB: Grades 2-5 (Monday):

Join the Flying Cloud Girls Science Club! Welcome to the lab, together we empower each other to explore all kinds of amazing science through dynamic hands-on experiments and projects, diving into chemistry, physics, biology and engineering. We will also have the opportunity to meet and work with some incredible women STEM professionals. Monday afternoons in Girls Science are full of inspiration, innovation, and so much FUN! Girls Science Club is open to female identified and non binary students who are comfortable in a space that centers the female experience in STEM. *Thanks to generous grants from the Northwest Connecticut Community Foundation, [www.yournccf.org](http://www.yournccf.org), we are able to offer this workshop at no charge.*

| Class               | Grades | Fee | Day/Time            | Dates                               | Max | Instructor                   |
|---------------------|--------|-----|---------------------|-------------------------------------|-----|------------------------------|
| Girls' Science Club | 2-5    | \$0 | Monday<br>3:15-4:45 | 1/27, 2/3, 2/10, 2/24,<br>3/3, 3/10 | 12  | Flying<br>Cloud<br>Institute |



### LEGO WINTER WONDERLAND CHALLENGE: Grades 3-6 (Thursday)

Get ready for the deep freeze this winter! Apply concepts in engineering and architecture to brave the challenges of winter weather. Design and build motorized contraptions such as snowplows, gondolas, and a snowball launcher with the guidance of an experienced Play-Well instructor and tens of thousands of LEGO® pieces.

| Class                            | Grades | Fee  | Day/Time              | Dates                                | Max | Instructor |
|----------------------------------|--------|------|-----------------------|--------------------------------------|-----|------------|
| LEGO Winter Wonderland Challenge | 3-6    | \$60 | Thursday<br>3:15-4:15 | 1/23, 1/30, 2/6,<br>2/13, 2/20, 2/27 | 12  | Play-Well  |

### IMPROV WITH STEPH: Grades 3-4 (Friday)

With an extensive background, interest and love for theater and drama, Steph Hahn will once again bring her many talents to SCS. Improvisation is the art of creating theater spontaneously without any preparation or planning. In this class participants will learn to freely trust and embrace their creative impulses. Through the exploration of improv games and exercises everyone will learn to say “Yes” to their ideas, their imagination and their inspirational sources to create full rich characters and scenes. Participants will foster their spontaneity, build confidence and most of all have fun! Whether you are new to drama and theater arts or you have been passionate about them for a while, this class is perfect for anyone who wants to join in the fun.

| Class             | Grades | Fee  | Day/Time            | Dates                               | Max | Instructor     |
|-------------------|--------|------|---------------------|-------------------------------------|-----|----------------|
| Improv with Steph | 3-4    | \$45 | Friday<br>3:15-4:15 | 1/24, 1/31, 2/7, 2/21,<br>2/28, 3/7 | 12  | Stephanie Hahn |

### SQUASH: Grades 4-5 (Monday)

A 6 week program detailing the fundamentals of squash technique. Practice will consist of feeding, soloing, condition games, matchplay, fun squash activities, and of course a bit of fitness. Squash racquets will be provided, but players will need non-marking clean shoes (not street shoes) and eye protection in order to participate. *Please note that this workshop will be held at Hotchkiss and transportation is not provided. Carpooling can be arranged with other families. Previous participants may join as well.*

| Class  | Grades | Fee  | Day/Time            | Dates                               | Max | Instructor                    |
|--------|--------|------|---------------------|-------------------------------------|-----|-------------------------------|
| Squash | 4-5    | \$45 | Monday<br>3:15-4:30 | 1/27, 2/3, 2/10, 2/24,<br>3/3, 3/10 | 8   | Bobby Burns<br>- Burnt Squash |

### WONDERFUL WOOL: Grades 4-6 (Tuesday)

We will explore the world of sheep and learn why their wool is so fantastic through a little bit of science and a lot of handcrafting. We will explore knitting, weaving, and felting all with wonderful wool!

| Class          | Grades | Fee  | Day/Time             | Dates                               | Max | Instructor |
|----------------|--------|------|----------------------|-------------------------------------|-----|------------|
| Wonderful Wool | 4-6    | \$60 | Tuesday<br>3:15-4:30 | 1/21, 1/28, 2/4,<br>2/11, 2/25, 3/4 | 8   | Greenagers |

### KIDSPIRATIONS: ABSTRACT ART ADVENTURES: Grades 4-8 (Tuesday)

Children will explore key concepts of abstract art using a variety of hands on activities with local artist Nina Khatashvili. Students will work with shapes and colors, create collaborative pieces, use music to inspire their art, and create a variety of individual pieces. At the end of the session there will be an exhibition for friends and family.

| Class  | Grades | Fee  | Day/Time             | Dates  | Max | Instructor          |
|--|--------|------|----------------------|--|-----|---------------------|
| Kidspirations:<br>Abstract Art<br>Adventures | 4-8    | \$60 | Tuesday<br>3:15-4:30 | 1/21, 1/28, 2/4,<br>2/11, 2/25, 3/4,<br>3/11 | 8   | Nina<br>Khatashvili |

### TEXTILES BY HAND: Grades 4-8 (Thursday):

Students will learn the basics of hand embroidery with thread and beads, gemstone application, applique attachment, and some distressing. The students will bring in a clothing item that they will work on throughout the session and apply these techniques to their clothing piece!

| Class               | Grades | Fee  | Day/Time              | Dates  | Max | Instructor          |
|---------------------|--------|------|-----------------------|--|-----|---------------------|
| Textiles by<br>Hand | 4-8    | \$60 | Thursday<br>3:15-4:45 | 2/6, 2/13, 2/20,<br>2/27, 3/6, 3/13,<br>3/20 | 10  | Mackenzie<br>Mastro |

### DUNGEONS AND DRAGONS CONTINUATION: Grades 5-8 (Monday)

Doron Blake will continue the campaign from last term in Dungeons & Dragons, the original role-playing game! In Dungeons & Dragons, the players form an adventuring party who explore fantasy worlds together as they embark on epic quests and level up in experience. In this class, we will learn the basic rules of D&D, and each player will create a character of their own. A full D&D game takes dozens of hours over many sessions to complete, so we will begin a short adventure together and get a sense for how a campaign unfolds. *\*Priority will be given to the students who participated last term.*

| Class                 | Grades | Fee  | Day/Time            | Dates                         | Max | Instructor     |
|-----------------------|--------|------|---------------------|-------------------------------|-----|----------------|
| Dungeons &<br>Dragons | 5-8    | \$45 | Monday<br>3:15-4:45 | 1/27, 2/3, 2/10,<br>2/24, 3/3 | 7   | Doron<br>Blake |



### FEEL THE BEAT WITH SHARON PLAYHOUSE: Grades 5-8 (Thursday):

Join Sharon Playhouse teaching artist Sarah Cuoco for Feel the Beat! Students will have fun while working and learning dance technique. Dancers will focus on musicality and connecting movement to music. Every class will include jazz dance combinations set to Pop favorites and Broadway hits. Students will even get the opportunity to create original choreography!

| Class         | Grades | Fee  | Day/Time              | Dates                    | Max | Instructor     |
|---------------|--------|------|-----------------------|--------------------------|-----|----------------|
| Feel the Beat | 5-8    | \$55 | Thursday<br>3:15-4:45 | 1/23, 1/30, 2/6,<br>2/13 | 10  | Sarah<br>Cuoco |

### COMEDY CLUB WITH SHARON PLAYHOUSE: Grades 5-8 (Friday):

Do you want to laugh and make your friends laugh too? Join Sharon Playhouse teaching artist Michael Baldwin for Comedy Club! Embark on a hilarious and fun adventure into the world of comedy. Explore improvisation, theater games, sketch comedy, and stand-up. No experience is necessary! A willingness to laugh and be silly is required. *\*Priority will be given to children who did not participate last year.*

| Class       | Grades | Fee  | Day/Time            | Dates                    | Max | Instructor         |
|-------------|--------|------|---------------------|--------------------------|-----|--------------------|
| Comedy Club | 5-8    | \$55 | Friday<br>3:15-4:45 | 1/24, 1/31, 2/7,<br>2/21 | 12  | Michael<br>Baldwin |

## Winter Master Class

### HORROR MASK MAKING WITH TYLER GREEN: Grades 4-8 (Wednesday, January 22nd - Early Dismissal Day):

SOAR is excited to welcome back Tyler Green of Tyler Green FX Studio for a one-day horror mask making event. This workshop will take place at Salisbury Central on Wednesday, January 22nd. Please note that this is an early dismissal day, so the workshop will run from 12:15-2:15. Participants will mix their colors, paint, and decorate their mask with custom elements provided by Tyler. Most recently Tyler has been a Season Six finalist and All-Star semi-finalist on SYFy Network's reality show, Face Off. For more information about Tyler, check out his website here: [www.tylergreenfx.com](http://www.tylergreenfx.com).

| Class              | Grades | Fee  | Time                                | Dates                      | Max | Instructor     |
|--------------------|--------|------|-------------------------------------|----------------------------|-----|----------------|
| Horror Mask Making | 4-8    | \$50 | 12:15-2:15<br>(early dismissal day) | Wednesday,<br>January 22nd | 10  | Tyler<br>Green |

# Week at a Glance

| <b>Monday</b>                                      | <b>Tuesday</b>                                  | <b>Wednesday</b>  | <b>Thursday</b>                                  | <b>Friday</b>        |
|--|---|-------------------|--|----------------------|
| Drumming<br>(K-1)                                  | Storybook<br>Sweets<br>(K-1)                    | Audubon<br>(K-1)  | Messy Science<br>(K-2)                           | Acrodance<br>(2-4)   |
| Lego: Winter<br>Wonderland<br>Engineering<br>(K-2) | Wonderful<br>Wool<br>(4-6)                      | Tiny Art<br>(2-4) | Animals!<br>Animals!<br>Animals!<br>(2-3)        | Improv<br>(3-4)      |
| Short Stories<br>(2-4)                             | Kidspirations:<br>Abstract<br>Painting<br>(4-8) |                   | Textiles by<br>Hand<br>(4-8)                     | Comedy Club<br>(5-8) |
| Girls' Science<br>Club<br>(2-5)                    |   |                   | Lego: Winter<br>Wonderland<br>Challenge<br>(3-6) |                      |
| Squash<br>(4-5)                                    |   |                   | Feel the Beat<br>(5-8)                           |                      |
| D&D<br>(5-8)                                       |   |                   |  |                      |

# BEHAVIOR EXPECTATIONS

All students attending Salisbury Central School are welcome and eligible to attend SOAR workshops. While attending these workshops, the same behavioral expectations that exist during the school day are also expected during all SOAR workshops, whether they take place at SCS or off-site. All students attending SOAR workshops are expected to: **Be Respectful**, **Be Responsible**, and **Be Safe**.

## Be Respectful

- Stop, listen and pay attention when someone speaks to you
- Follow directions of instructor and/or other adults
- Use quiet voices as directed, especially when inside
- Use good manners
- Be kind with your actions and words
- Take care of school/SOAR property
- Tell the truth

## Be Responsible

- Arrive for a workshop ready to learn
- Be an active participant in class
- Complete all activities/projects as assigned
- Leave no trace

## Be Safe

- Walk inside classrooms and the school building
- Maintain personal space and body awareness
- Follow school safety procedures
- Be sure an instructor/adult knows where you are at all times

Most of the time SOAR instructors are able to handle minor infractions and no further action is required. However, there are times when a behavior is more serious or persistent and will require intervention by the SOAR Executive Director. Depending on the situation, the Director will determine the appropriate response. For more serious incidents, the parents of all children involved in the situation will be contacted and an incident report will be written. When appropriate, this report will be shared with SCS administration. SOAR and the school can then work together to determine the best course of action. **All students participating in SOAR workshops as well as their caregivers, will be required to acknowledge the behavior expectations during registration.** SOAR strives to create a positive experience for all students. If your child has any special needs (learning/behavior, etc), please inform the Executive Director. We will work together to provide appropriate support and guidance so your child and others can get the most of their SOAR experience.

# Our History

For over 20 years, SOAR, has been offering high quality enrichment programming to the children at Salisbury Central School (SCS) in Lakeville, CT through after school workshops, in-school programming, special events, and teacher mini-grants. The organization's mission is to augment the school's existing daily curriculum and to promote the self-discovery, talents, and learning of every child at SCS.

SOAR was founded in 2000 by Zenas Block, a chemist, entrepreneur, and business school professor who served on the Salisbury Central School Board of Finance for many years. Block envisioned an enrichment program that would bolster and augment the school's existing curriculum, and with the help of the school's principal at the time, C. Zbynek Gold, and SOAR's first program director, Karen Lundeen, he made that vision come to life.

Over his lifetime, Block built many businesses, was awarded nineteen patents, and developed some of the first research and graduate-level courses on entrepreneurship. SOAR was his final project and one he held very dear. Block's legacy lives on in every student who benefits from SOAR'S program. Each year, The Zenas Block Award for Excellence in Science is given to an 8th grader as a way to honor Zenas' legacy.

## Our Team

### EXECUTIVE DIRECTOR

Lauren Brown

### BOARD OF DIRECTORS

Elizabeth Schaufelberger - Board Chair

Karen Lundeen - Vice Chair

Janet Graaff - Treasurer

Ali DeProdocini - Secretary

Darcy Boynton - Program Liaison

Keavy Bedell

Tony Bright

Laura Bushey

Karen Faveau

Meg Holden

Elizabeth McNiff

Larissa Morby

Pamela Winters

### PROGRAM & EVENTS COMMITTEE

Ashley Adkins

Darcy Boynton

Marta Eso

Stephanie Hahn

Deborah Apsel Lang

Stephanie Magyar

Kristen Neary

Raydin Neary

Kendra Percy

Bridget Saylor