

SPRING SOAR

WORKSHOPS 2024



Seek Originate Aim Reach

Registration Information

Registration for SOAR spring classes will open on Thursday, February 1 at 9:00am and runs through Wednesday, February 7th at 3:00pm. Most spring workshops begin the first week of April and run through mid/end of May. Our registration form allows you to rank your preference (1st-4th) for multiple classes, and everyone who registers by February 7th will have an equal chance of getting into a high preference class. Please rank only one class as a first choice, second choice, third choice, etc. Registration confirmations will be e-mailed on or before Friday, March 1st. Late registrations will be offered only if spots remain.

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Once you know the workshops your child(ren) is interested in signing up for, click on the following link for registration:

SPRING TERM - <https://forms.gle/w5bZQsKFBqA4aHXv8>

Payment Information

Workshop fees stated on the class descriptions are inclusive of all materials and average out to cost between \$9-12 a class per workshop. Official invoices from SOAR will arrive in your inbox in late February or early March and must be paid within two weeks. Invoices can be paid with a credit card, debit card, or check.

Cancellations/changes to registration must be made prior to the first day of the workshop. Because of the high demand for classes, we are unable to offer a refund once workshops begin.

Financial Aid Information

SOAR is committed to providing high quality programs at a reasonable cost. Financial aid is available thanks in part to Salisbury Family Services. Salisbury Family Services is here to help anyone in our community get through difficult times. Please visit salisburyfamilyservices.org to learn more. To request confidential financial support, check the appropriate box on the registration form. If you have any questions, please email the SOAR Executive Director.

Important Information

IN-PERSON CLASSES

All in-person SOAR classes will follow the same safety guidelines established by Salisbury Central and the Region One schools.

MIDDLE SCHOOL HELPERS

Classes requesting Middle School Helpers will be noted in **blue** just below the class description. Middle School Helpers need to register for the class they would like to help with, but do not need to pay for that class. Middle School Helpers must come to class with a positive attitude and willingness to help out the lead instructor.

EXTRAS CREDIT

For children who have registered for a SOAR class only on a day and time they are already enrolled in EXTRAS, families will receive a one time \$15 SOAR credit. Please indicate if your child is attending EXTRAS on the days and times of workshops selected on the registration form.

SIBLING DISCOUNT

We offer a discount to families with multiple children enrolled in classes.

2 children - 5% off total bill

3 children - 10% off total bill

4+ children - 15% off total bill

REMINDERS

- Note dates of each workshop. They vary by workshop and are not consistent from class-to-class.
- Contact the SOAR Executive Director if your child has a behavioral plan or allergy (food/environmental) that SOAR instructor/s should be aware of. See registration form for more information.
- Pack an additional healthy snack on the days your child attends in-person SOAR. Food sharing is not allowed and we do not provide snacks (unless listed in workshop description).
- Notify the SCS office and the SOAR Executive Director if your child will be in school the day of their workshop but will not be attending an in-person SOAR class. Failure to do so delays the departure of SCS buses.
- Pick-up your child promptly. Pick-up is from the upper building circle, unless otherwise noted. Dismissal times vary from workshop to workshop.
- SOAR workshops are automatically cancelled if SCS closes early or cancels after-school activities. Every effort will be made to make-up SOAR classes, but this is not always possible.

Spring Courses

Click [here](https://forms.gle/Zf2eD6C4Wrtrea6M7) for registration

<https://forms.gle/Zf2eD6C4Wrtrea6M7>

CRAFTING WITH MS. ALBERTS: Grades K-1 (Tuesday)

Get creative with IMS Pre-K teacher, Ms. Alberts. Students will have the opportunity to make different kinds of arts and crafts projects using a variety of materials. Think popsicle sticks, beads, and more!

Middle School Helper Requested

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Crafting with Ms. Alberts	K-1	\$55	Tuesday 3:15-4:15	3/26, 4/2, 4/9, 4/23, 4/30, 5/7	8	Lydia Alberts

OPEN STUDIO WITH ALI: Grades K-2 (Friday)

Open studio will consist of gentle support and suggestion, but is really a time for kids to follow their instincts. Every class will start with a few recommendations, but it is a great time for kids to collaborate or follow their own ideas with the given materials such as acrylic paint, watercolors, clay, ink, and more. Dress for mess!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Open Studio	K-2	\$55	Friday 3:15-4:15	4/5, 4/12, 4/26, 5/3, 5/10, 5/17, 5/24	8	Ali Deprodocini

SCS GARDENING FUN: Grades K-5 (Tuesday/Thursday)

This class will expose children to the joy of gardening in our very own school garden. We will develop an understanding of the growing process from the planning, soil preparation, planting, and upkeep. We will plant both perennial and annual, ornamental and edible plants. We will explore the concepts of composting and planting to support the environment and neighboring gardeners. There will be also be extended activities such as art projects and more. This is also a great opportunity for older students to pair up with younger students to dig in the dirt, plant, and get messy!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
SCS Gardening Fun	K-5	\$55	Tuesday/Thursday 3:15-4:30	4/23, 4/25, 4/30, 5/2, 5/7, 5/9, 5/14, 5/16, 5/21, 5/23, 5/28, 5/30, 6/4, 6/6	10	Carol Fellerman

FUN FITNESS: Grades 1-2 (Tuesday/Thursday):

This program has been designed to give children creative physical play opportunities after a day in their classrooms. Students will test their skills with unusual games that challenge physical coordination and strategy. Emphasis is also placed on the rules of good sportsmanship in order that everyone feels comfortable and has fun. Participants are requested to dress in appropriate clothing for physical activity. Nutritional snacks will be provided, and we will discuss healthy eating habits. Please let us know of any food allergies or dietary restrictions. Let's get moving and play!

Middle School Helper Requested

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Fun Fitness	1-2	\$45	Tuesday/Thursday 3:15-4:15	4/23, 4/25, 4/30, 5/2, 5/7, 5/9	12	Janet Kaufman

WHIMSICAL JEWELRY: Grades 2-3 (Wednesday)

Wouldn't it be so cool if artists made jewelry? They did. They do. And so can you! Join us as we make jewelry influenced by such artists as Alexander Calder, Salvador Dali, and Annie Albers. These great artists made unique and fantastic art out of all sorts of unexpected materials. Let's see how far we can go!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Whimsical Jewelry	2-3	\$55	Wednesday 3:15-4:30	4/3, 4/10, 4/24, 5/1, 5/15	10	Amy Jenkins

SWIFTIE FEVER: Grades 2-5 (Friday)

Are you a die-hard Swiftie? If so, this is the workshop for you! Each week we will complete different Taylor Swift themed activities such as crafts, games, song writing, dance parties, letter writing, trivia, and more! Bring a positive attitude and love of all things Taylor to this unique class offered by none other than Taylor's #1 fan, Darcy Boynton.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Swiftie Fever	2-5	\$45	Friday 3:15-4:15	4/26, 5/3, 5/17, 5/24	10	Darcy Boynton

SCS STARS: CHEERLEADING: Grades 2-5 (Tuesday/Thursday)

Join Ms. Tarczali this spring for two afternoons a week of cheerleading bootcamp. The students will learn basic cheer motions, chants, dances, and different formations of this sport. At the end of the workshop, the students will perform a routine for friends and family.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Cheer	2-5	\$45	Tuesday/Thursday 3:15-4:30	4/2, 4/4, 4/9, 4/11, 4/23, 4/25, 4/30, 5/7	12	Mackenzie Tarczali

ACRODANCE: Grades 2-6 (Friday)

Acrobatics is defined by athleticism and artistry while featuring elements of gymnastics and dance. Students will learn the foundations necessary to perform acrobatic feats both in tumbling and stunting while in a safe and supportive environment. Ms. Erin is an experienced state certified dance instructor, safety certified by USA Gymnastics, and is First Aid & CPR/AED certified by the American Heart Association.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Acrodance	2-6	\$45	Friday 3:15-4:30	4/5, 4/12, 4/26, 5/3, 5/10, 5/17, 5/24	12	Erin Mahoney

FOOD, FARMING, & FUN: Grades 3-5 (Tuesday/Thursday)

A perennial favorite, SOAR's collaboration with Hotchkiss resumes with twice-weekly visits to Fairfield Farm. SCS students will be partnered with Hotchkiss students working side-by-side planting seeds, preparing the fields to plant spring crops, transplanting harvesting crops, and building/repairing farm structures. Transportation to the Farm is provided, but pick-up is at the Farm promptly at 5:15pm. Please note that because the class is so popular, priority will be given to students who have never taken the class.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Food, Farming, & Fun	3-5	\$45	Tuesday/Thursday 3:15-5:15	4/30, 5/2, 5/7, 5/9, 5/14, 5/16	8	Bridget Lawrence- Meigs

GREENAGERS EXPLORE: Grades 3-5 (Tuesday)

During our Tuesday afternoon sessions of Explore! students will connect with their natural environment by studying all things spring!. We will be conducting scientific observations of the weather, changes of seasons, native plants, and animal life while doing hands-on projects related to the weekly topics. We will also be playing games, exploring gardening, and building a birdhouse. We will be going outside so dress for the weather!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Greenagers Explore	3-5	\$60	Tuesday 3:15-4:30	4/9, 4/23, 4/30, 5/7, 5/14, 5/21	10	Cynthia Gray

MAGIC FINGERS MONOPRINT: Grades 3-8 (Monday)

Join local artist Magaly Ohika-Perez and learn simple, DIY printing techniques for transforming your drawings into magical paintings. This open-ended, multimedia art class will explore a fun and spontaneous printmaking technique using ink, markers, and other artistic mediums.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Magic Fingers Monoprint	3-8	\$60	Monday 3:15-4:45	3/25, 4/1, 4/8, 4/22, 4/29	8	<u>Magaly</u> <u>Ohika-</u> <u>Perez</u>

BOOKMAKING: Grades 4-5 (Tuesday):

Have you ever wondered how books are made? Children will be introduced to several kinds of books: books with signatures and covers, accordion books, shape books, origami books, wheel books, and more. In addition we will do paper marbling for the insides of covers and some simple printmaking. Making one's own book from start to finish is very satisfying. Children will be encouraged to write stories, doodle, and draw in their handmade books.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Bookmaking	4-5	\$55	Tuesday 3:15-4:30	3/26, 4/2, 4/9, 4/23, 4/30	8	<u>Suzanne Lacke</u>

KIDSPIRATIONS: ABSTRACT ART ADVENTURES: Grades 4-6 (Tuesday):

Children will explore key concepts of abstract art using a variety of hands on activities with local artist Nina Khatashvili. Students will work with shapes and colors, create collaborative pieces, use music to inspire their art, and create a variety of individual pieces. At the end of the session there will be an exhibition where friends and family will be able to celebrate the work of the budding artists.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Kidspirations: Abstract Art	4-6	\$60	Tuesday 3:15-4:30	3/26, 4/2, 4/9, 4/23, 4/30, 5/7, 5/14, 5/21	10	<u>Nina Khatashvili</u>

WORDS OF ART POETRY: Grades 4-6 (Monday)

Do you like Shel Silverstein? Jack Prelutsky? Emily Dickinson? In this class, students will learn how to write poetry using a variety of lessons which will draw out the poet in every child. Students will explore topics for writing poems and learn a variety of poetic devices and forms. Creativity and an open mind is strongly encouraged!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Words of Art Poetry	4-6	\$45	Monday 3:15-4:45	4/1, 4/8, 4/22, 4/29, 5/6, 5/13	12	Susan Hackel

CHESS: Grades 4-8 (Monday):

Join this class and become a better player! Whether you're a beginner or an experienced chess enthusiast, our workshop is designed to enhance your strategic skills and improve your game.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Chess	4-8	\$40	Monday 3:15-4:15	4/1, 4/8, 4/22, 4/29, 5/6, 5/13	12	Doron Blake

SINGING WITH MS. STEPHENSON: Grades 4-8 (Thursday)

Like to sing and want to improve your vocal techniques? This class will include all of the basics of singing, such as body awareness, posture, and proper breathing techniques. We will explore rhythm, dynamics, tempo, and the timbre or tone of our age appropriate music, as well as stage presence and interpretation of text. No experience necessary!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Singing with Ms. Stephenson	4-8	\$45	Thursday 3:15-4:30	3/21, 4/4, 4/11, 4/25, 5/2	10	Tamra Stephenson

FUNDAMENTALS OF ACTING: Grades 4-8 (Wednesday)

This class will provide an introduction to the fundamental concepts of the craft of acting. Our first goal will be to explore and gain greater awareness of the self, the senses, imagination, space and environment, and creative impulses. Through theater games, improv, and scene studies the children will then apply these techniques to rehearse and perform their own scene with a partner. The class will culminate in a showcase performance for the school. Bring an open mind, willingness to step outside your comfort zone, and get acting!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
FUNDamentals of Acting	4-8	\$50	Wednesday 3:15-4:30	4/3, 4/10, 4/24, 5/1, 5/15, 5/22	12	Darcy Boynton & Stephanie Hahn

HENNA: Grades 5-8 (Thursday)

This is a unique opportunity to work with a henna master to learn a beautiful and ancient art form. During the workshop, students will learn about the history of henna, the art of blending henna, various designs from the simple to more complex, techniques and styles to create professional quality designs, after care instructions and various tips and tricks.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Henna	5-8	\$55	Thursday 3:15-4:30	4/4, 4/11, 4/25, 5/2	10	Nicky Vialpando

SCREEN PRINTING: Grades 5-8 (Thursday):

Students will explore the fundamentals of silkscreen printmaking using their own screen, squeegee, and water-based inks. We'll look at a range of printmakers for inspiration, after which participants can develop their own projects based on personal interests or join in weekly demonstrations. No experience in printmaking or any other art techniques necessary.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Screen Printing	5-8	\$60	Thursday 3:15-4:30	4/11, 4/25, 5/2, 5/9, 5/16	8	<u>Meg Musgrove</u>

Week at a Glance

Monday	Tuesday	Wednesday	Thursday	Friday
Words of Art: Poetry (4-6)	Crafting with Ms. Alberts (K-1)	Whimsical Jewelry (2-3)	Singing with Ms. Stephenson (4-8)	Open Studio with Ali (K-2)
Chess (4-8)	Fun Fitness (1-2)	Intro to Acting with Darcy & Steph (4-8)	Fun Fitness (1-2)	Acrodance (2-5)
Magic Fingers Monoprint (3-8)	SCS Gardening Fun (K-5)		SCS Gardening Fun (K-5)	Swiftie Fever (2-5)
	Cheer (2-5)		Cheer (2-5)	
	Food, Farming, and Fun (3-5)		Food, Farming, and Fun (3-5)	
	Greenagers (3-5)		Screenprinting (5- 8)	
	Bookmaking (4-5)		Henna (5-8)	
	Abstract Art (4-6)			

BEHAVIOR EXPECTATIONS

All students attending Salisbury Central School are welcome and eligible to attend SOAR workshops. While attending these workshops, the same behavioral expectations that exist during the school day are also expected during all SOAR workshops, whether they take place at SCS or off-site. All students attending SOAR workshops are expected to: **Be Respectful**, **Be Responsible**, and **Be Safe**.

Be Respectful

- Stop, listen and pay attention when someone speaks to you
- Follow directions of instructor and/or other adults
- Use quiet voices as directed, especially when inside
- Use good manners
- Be kind with your actions and words
- Take care of school/SOAR property
- Tell the truth

Be Responsible

- Arrive for a workshop ready to learn
- Be an active participant in class
- Complete all activities/projects as assigned
- Leave no trace

Be Safe

- Walk inside classrooms and the school building
- Keep hands and feet to yourself
- Maintain personal space
- Follow school safety procedures
- Be sure an instructor/adult knows where you are at all times

BEHAVIOR EXPECTATIONS CONTINUED

Most of the time SOAR instructors are able to handle minor infractions and no further action is required. However, there are times when a behavior is more serious or persistent and requires intervention by the SOAR Executive Director. Depending on the seriousness of the situation, the Director will determine the appropriate response or reaction. If the incident is that of a more serious nature, the parents of all children involved in the offense or situation will be contacted and an incident report will be written. As deemed appropriate, this report/situation will be shared with the SCS administration. SOAR and the school can then work together to determine the best course of action.

SOAR strives to create a positive experience for all students enrolled in workshops. If your child has learning disabilities, behavioral needs, or other special needs that SOAR should be aware of, please inform the Executive Director. We will work together to provide appropriate support and guidance so your child and others can get the most out of their SOAR experience.

All students participating in SOAR workshops as well as their caregivers, will be required to acknowledge the behavior expectations during registration.



Our History

For over 20 years, SOAR, has been offering high quality enrichment programming to the children at Salisbury Central School (SCS) in Lakeville, CT through after school workshops, in-school programming, special events, and teacher mini-grants. The organization's mission is to augment the school's existing daily curriculum and to promote the self-discovery, talents, and learning of every child at SCS.

SOAR was founded in 2000 by Zenas Block, a chemist, entrepreneur, and business school professor who served on the Salisbury Central School Board of Finance for many years. Block envisioned an enrichment program that would bolster and augment the school's existing curriculum, and with the help of the school's principal at the time, C. Zbynek Gold, and SOAR's first program director, Karen Lundeen, he made that vision come to life.

Over his lifetime, Block built many businesses, was awarded nineteen patents, and developed some of the first research and graduate-level courses on entrepreneurship. SOAR was his final project and one he held very dear. Block's legacy lives on in every student who benefits from SOAR'S program. Each year, The Zenas Block Award for Excellence in Science is given to an 8th grader as a way to honor Zenas' legacy.

Our Team

EXECUTIVE DIRECTOR

Lauren Brown

BOARD OF DIRECTORS

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