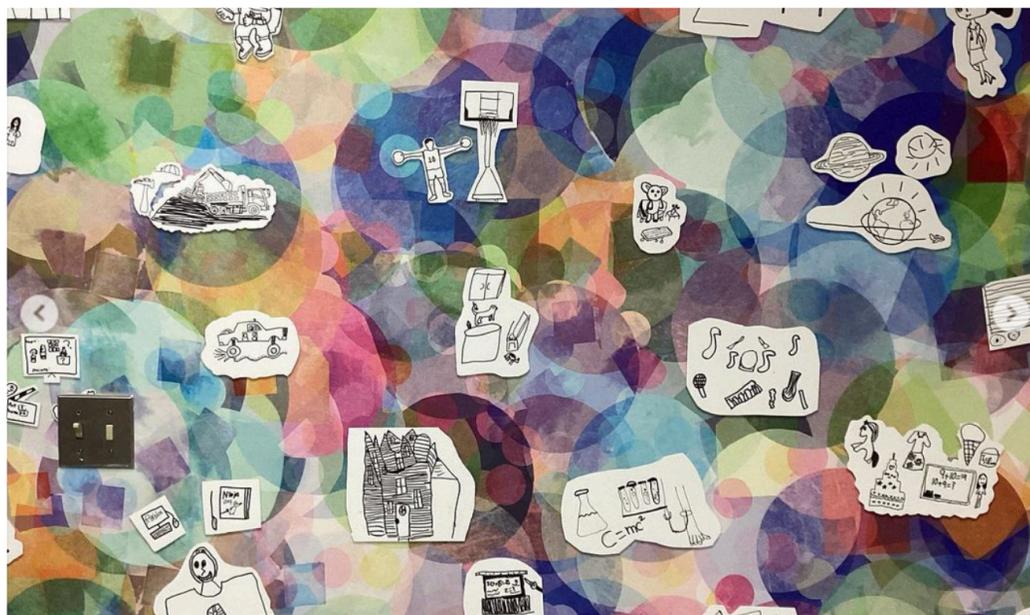


FALL

2022

SOAR FALL WORKSHOPS

Seek Originate Aim Reach



Seek Originate Aim Reach

"The quality of a public school is the mirror of the community: it affects the future of the community, the people it attracts, and the values of the community."

-Zenas Block,
SOAR Founder

For more
information:

soarkids.org

A few things remain true as we enter into our third full school year of the pandemic: community, creativity, and connection are more important than ever in the lives of children. Here at SOAR we are excited to bring you this fall's workshop offerings. In this catalogue you will find returning favorites such as Fun Fitness and Open Studio Painting, as well as some new courses, including an afternoon horror mask making event with a Hollywood special effects makeup artist. After a two year hiatus, SOAR is thrilled to announce that the Fall Musical is back! Salisbury Central and SOAR will be teaming up to produce *Annie Jr.* with performances scheduled for mid-November. I hope you and your child(ren) will look through this catalogue together and find something that interests them. SOAR is committed to delivering high quality programming to ALL Salisbury Central Families. A generous grant from Salisbury Family Services will help provide confidential financial aid support to families if needed. As a parent of a Salisbury Central student, I have had first hand experience witnessing the benefits of what SOAR has to offer. From a Zoom movement class to an in-person book making workshop, my child has thoroughly enjoyed being part of these enrichment programs. SOAR is an integral part of the community. We are excited to offer new and enticing programs this fall and beyond.

Lauren Brown, Executive Director

soarenrichment@gmail.com

Registration Information

Registration for SOAR classes will open Monday, August 29th and run through Friday, September 9th. Many workshops will begin the week of September 19th. Our registration form allows you to rank your preference (1st-4th) for multiple classes, and everyone who registers by September 9th will have an equal chance of getting into a high preference class. Please rank only one class as a first choice, second choice, third choice, etc. Registration confirmations will be e-mailed on or before Tuesday, September 13th. Late registrations will be offered if spots remain.

Once you know the workshops your child(ren) is interested in signing up for, click on this [link](#) to get to the on-line registration Google Form. Each child will need their own registration form. If you have any difficulties with the registration process, please contact Lauren Brown, SOAR Executive Director, at soarenrichment@gmail.com

Here is the link to the on-line registration form:

<https://forms.gle/LaS3WeZW7kxgEykbA>

Payment Information

SOAR is charging a per class fee this fall. Class fees are stated on the class descriptions and are inclusive of all materials. Please pay for classes only AFTER you have received an official final invoice from SOAR, which will arrive in your inbox later in September or early October. This ensures that your payment method accurately reflects your actual total. SOAR classes can be paid for with a credit card, debit card, or check.

Scholarship Information

SOAR is committed to providing high quality programs at a reasonable cost to those who can pay, and free of charge to those who need assistance. Thanks to a generous grant from Salisbury Family Services we are able to offer financial aid to families who would otherwise be unable to participate in SOAR enrichment workshops. To request confidential financial support, check the appropriate box on the registration form. Financial aid is available for all workshops, including the Fall Musical. If you have any questions, please email the SOAR Executive Director.

Important Information

IN-PERSON CLASSES

All in-person SOAR classes will follow the same safety guidelines established by Salisbury Central and the Region One schools.

REMOTE CLASS INFORMATION

All SOAR remote classes will continue to use the Zoom platform. Zoom links will be sent to all participants once registration in a remote class has been confirmed. Only students registered for a class will receive the link. If materials are needed, SOAR will distribute them to all participants at SCS prior to the start of the first class.

MIDDLE SCHOOL HELPERS

Classes requesting Middle School Helpers will be noted in **blue** just below the class description. Middle School Helpers must register for the class they would like to help with, but do not need to pay for that class.

EXTRAS CREDIT

For children who have registered for a SOAR in-person class only on a day and time they are already enrolled in EXTRAS, families will receive a \$15 SOAR credit. Please indicate if your child is attending EXTRAS on the days and times of workshops selected on the registration form.

REMINDERS

1. Note dates of each workshop. They vary by workshop and are not consistent from class-to-class.
2. Please make every attempt to sign onto remote classes on time. Many classes are just 45 minutes so instructors would like to make efficient use of that time.
3. Contact the SOAR Executive Director if your child has a behavioral plan or allergy (food/environmental) that SOAR instructor/s should be aware of.
4. Pack an additional healthy snack on the days your child attends in-person SOAR. Time is provided during workshops for children to have snacks.
5. Notify the SCS office and the SOAR Executive Director if your child will be in school the day of their workshop but will **not** be attending an in-person SOAR class. Failure to do so delays the departure of SCS buses.
6. Pick-up your child promptly. Pick-up is from the upper building circle, unless otherwise noted. Dismissal times vary from workshop to workshop.
7. SOAR Programs are automatically cancelled if SCS closes early or cancels after-school activities. Every effort will be made to make-up SOAR classes, but this is not always possible.

Workshop Offerings and Descriptions

Click [here](#) for registration



Seek Originate Aim Reach

PAINT, CLAY, and PLAY WITH ARTROOM ATELIER: Grades K-1 (Thursday)

Get ready to get messy! SOAR commemorative mural visionary Jessica Russell of Artroom Atelier, aka Messy Jessy, returns to SCS to offer paint and clay play to our K-1st graders. Children will tap into their imaginations and experiment with different materials in a safe and creative environment. Open ended process art with Jessica is always a joyful, child-centered experience!

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
Paint, Clay, and Play with Artroom Atelier	K-1	\$55	Thursday 3:15-4:15	9/22, 9/29, 10/6, 10/13, 10/20	N/A	10 students	Jessica Russell, Artroom Atelier

ROARING BROOK NATURE INVESTIGATIONS: Grades 1-2 (Monday & Wednesday - HYBRID)

SOAR is excited to welcome back Jay Kaplan from Roaring Brook Nature Center this fall. His classes will be both remote and in-person. During the remote classes, Jay will offer an introduction to a nature investigation. Each of these remote classes will then be followed up with an in-person investigation on the SCS school grounds. Creepy Critters: Some creatures look odd or behave in weird ways. Let's learn a little more about them and find out that maybe they are not so creepy after all. Our first session will be a Zoom presentation that will focus on insects and their relatives, as well as the wide variety of creatures one finds when turning over rocks and logs. We will talk about the adaptations that allow these animals to survive the coming winter season. On a visit to SCS, we will go outdoors and turn over rocks and logs to look for critters, and catch some insects on the school grounds. What's Up With Fall?: For many people, fall is their favorite season. The leaves turn colors and people flock to Salisbury just to see the fall foliage, but there is more to fall than turning leaves. In our first session, we will talk about, not only the colors of autumn, but what animals are doing to prepare for the coming of winter. This will be a Zoom presentation and will include a Power Point presentation and a look at some live animals. Our second session will be held at SCS, where we will walk around the school grounds to look for examples of some of the things we discussed during the ZOOM presentation. *** 1 - 2 Middle School helpers requested for in-person classes ***

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Zoom Link	Instructor
Roaring Brook Nature Investigations	1-2	\$45	Monday & Wednesday Remote: 4:00-4:45 In-Person: 3:15-4:15	*Monday 9/19 (online) *Wednesday 9/28 (in- person) *Monday, 10/3 (online) *Monday, 10/17 (in- person)	*will be sent once registration is confirmed*	12 students	Jay Kaplan, Roaring Brook Nature Center

BOOMSHAKALAKA: A PROCESS PAINTING OPEN STUDIO: Grades 2-4 (Monday)

Tara Higgins is back with her very popular Boomshakalaka class. This time Tara will be facilitating a process painting experience for students. Each week the moods of each individual child will influence their painting. As the course unfolds, so does their painting. At the end of the course each student will have a layered piece of work that represents all the layers of their mood/feelings over the weeks. No two pieces will be the same. The end result isn't always "pretty", as the focus will be more on the process and the experiential. This class will encourage children to not worry about judgment, to be in tune with their present day emotions, and even give them coping strategies to process those feelings on that given day. For example, if the child is feeling like they need to rip the canvas, they may. The following week they may sew it back together, or glue it into a new form.

*** 1 - 2 Middle School helpers requested ***

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
Boomshaka (2-4)	2-4	\$55	Monday 3:15-4:15	9/19, 9/26, 10/3, 10/17, 10/24, 10/31	N/A	8 students	Tara Higgins

FUN FITNESS: Grades 1-2 (Tuesday & Thursday)

We are excited to welcome back Janet Kaufman, the original creator and instructor for this workshop. This program has been designed by her to give children creative physical play opportunities after a day in their classrooms. Students will test their skills with unusual games that challenge physical coordination and strategy. Emphasis is also placed on the rules of good sportsmanship so everyone feels comfortable and has fun. Weather permitting, this class will take place outdoors. We will move indoors as required. Participants are requested to dress in appropriate clothing for physical activity (this includes footwear.) Nutritional snacks will be provided, and we will discuss healthy eating habits. Please let us know of any food allergies or dietary restrictions. Let's get moving and play!

*** 1 - 2 Middle School helpers requested ***

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
Fun Fitness	1-2	\$45	Tuesday & Thursday 3:15-4:15	9/27, 9/29, 10/4, 10/6, 10/11, 10/13	N/A	12 students	Janet Kaufman

BEGINNING KEYBOARDING: Grades K-2 (Wednesday)

SOAR and [The Village Music School](http://www.thevms.org) is partnering up this fall to offer beginning music lessons to students in grades K-2. This class will give students the fun of playing the piano, and with The Village Music School's methods, a beginner learns how to play a tune in the very first lesson! No experience needed and instruments will be provided. Find out more about The Village Music School on their website: www.thevms.org.

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
Keyboarding	K-2	\$60	Wednesday 3:15-4:00	9/28, 10/5, 10/19, 11/2	N/A	6 students	The Village Music School

BEGINNING GUITAR: Grades K-2 (Friday)

SOAR and [The Village Music School](http://www.thevms.org) is partnering up this fall to offer beginning music lessons to students in grades K-2. This class will give students the fun of playing the guitar, and with The Village Music School's methods, a beginner learns how to play a tune in the very first lesson! No experience needed and instruments will be provided. Find out more about The Village Music School on their website: www.thevms.org.

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
Guitar	K-2	\$60	Friday 3:15-4:00	9/30, 10/7, 10/14, 10/21	N/A	6 students	The Village Music School

FOOD, FARMING, & FUN: Grades 3-8 (Tuesday & Thursday)

A perennial favorite, SOAR's collaboration with Hotchkiss resumes with twice-weekly visits to Fairfield Farm. SCS students will be partnered with Hotchkiss students working side-by-side planting seeds, preparing the fields, transplanting crops, and building/repairing farm structures. We will also explore the landscape and learn how the animal and plant cycles shift from season to season. Transportation to the Farm is provided, but pick-up is by families at the Farm promptly at 5:15pm. In addition to farming at Fairfield Farm, students will work in the SCS community garden. Please note: As per Hotchkiss' vaccination policy, all students participating in this class will need to be vaccinated and show proof of vaccination. Students should wear appropriate clothing such as closed toed shoes and long pants.

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
Food, Farming, & Fun	3-8	\$40	Tuesday & Thursday 3:15-5:15 Hotchkiss Farm	9/20, 9/22, 9/27, 9/29, 10/4, 10/6	N/A	12 students	Amy Sidran, Hotchkiss Farm

INTRODUCTION TO GIRLS' LACROSSE: Grades 5-8 (Tuesday)

SOAR is excited to have Laura Bushey back teaching girls' lacrosse this fall. This is a unique and wonderful opportunity to learn the basics of girls' lacrosse, a sport often not often played until high school from an athlete who is an experienced and passionate coach. In this workshop participants will learn the basics of this sport in a fun, lighthearted, non-competitive environment. The sessions will focus on passing, catching, ground balls, defending, shooting and running. Participants will learn the basic rules, fouls, and positioning. Each participant will need to provide a lacrosse stick, goggles, and a mouth guard. It only makes sense to invest in more expensive equipment if your child is planning to play in high school. If you have any questions or concerns about the equipment, please reach out to the SOAR Executive Director and we will work to make sure your child has what they need.

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
Intro to Girls' Lacrosse	5-8	\$40	Tuesday 3:15-4:15	9/20, 9/27, 10/4, 10/11, 10/18, 11/1	N/A	15 students	Laura Bushey

BOOMSHAKALAKA: A PROCESS PAINTING OPEN STUDIO: Grades 5-8 (Tuesday)

Tara Higgins is back with her very popular Boomshakalaka class. This time Tara will be facilitating a process painting experience for students. Each week the moods of each individual child will influence their painting. As the course unfolds, so does their painting. At the end of the course each student will have a layered piece of work that represents all the layers of their mood/feelings over the weeks. No two pieces will be the same. The end result isn't always "pretty", as the focus will be more on the process and the experiential. This class will encourage children to not worry about judgment, to be in tune with their present day emotions, and even give them coping strategies to process those feelings on that given day. For example, if the child is feeling like they need to rip the canvas, they may. The following week they may sew it back together, or glue it into a new form.

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
Boomshaka (5-8)	5-8	\$55	Tuesday 3:15-4:15	9/20, 9/27, 10/4, 10/11, 10/18, 10/25	N/A	8 students	Tara Higgins

YOGA & MINDFULNESS: Grades 4-8 (Wednesday)

Crystal Sheehan, of Be Well Community Yoga in Canaan, will be sharing her passion for yoga with SOAR and the SCS students this fall. In this 4-week in-person series, students will learn ways to relax, cope with stress, and listen to their inner compass with mindfulness, meditation and yoga. Through teaching stories, various activities, and self-reflection, students will learn to make a deeper connection between mind and body, a powerful way to deal with stress and anxiety. No previous experience is required. Students are asked to provide their own yoga mat. SOAR will provide a mat upon request if needed. Students should feel free to bring a blanket for each class as well as any other desired yoga props. Please wear comfortable clothes that allow for easy movement and stretching.

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
Yoga & Mindfulness	4-8	\$40	Wednesday 3:15-4:15	9/28, 10/5, 10/19, 11/2	N/A	10 students	Crystal Sheehan, Be Well Yoga

FRIENDSHIP BRACELETS: Grades 3-8 (Wednesday)

Marta Eso, a member of the math department at Hotchkiss and longtime supporter of SOAR, returns as the instructor for this fun class. In this class, participants will learn how to make colorful friendship bracelets to wear and to share with others. In each class you will learn a different technique to knot, tie and twist patterns that you can use for bracelets, headbands, or key chains.

*** 1 - 2 Middle School helpers requested ***

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
Friendship Bracelets	3-8	\$50	Wednesday 3:15-4:15	9/28, 10/5, 10/19, 11/2	N/A	16 students	Marta Eso, Hotchkiss teacher

THE ANCIENT ART OF HENNA: Grades 6-8 (Thursday)

Local henna artist, Niharika Vialpando (Nicky) returns to SOAR after offering several successful henna SOAR classes in the past. This is a unique opportunity to work with a henna master to learn a beautiful and ancient art form. During the workshop, students will learn about the history of henna, the art of blending, various designs, techniques, and styles to create professional quality designs. This class is open to both new and returning students and interested participants will have the opportunity to practice their newfound craft by working at the SOAR henna booth at the Fall Festival in Salisbury on October 8, 2022.

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
The Ancient Art of Henna	6-8	\$50	Thursday 3:15-4:15	9/22, 9/29, 10/8*, 10/13, 10/20 *Salisbury Fall Fest	N/A	10 students	Nicky Vialpando

NEW! MASTER CLASS: ONE DAY HORROR MASK MAKING WORKSHOP: Grades 3-8

SOAR is excited to welcome Tyler Green of [Tyler Green FX Studio](http://www.tylergreenfx.com) for a one-day horror mask making event. This workshop will take place at Salisbury Central on Wednesday, October 12. Please note that this is an early dismissal day, so the workshop will run from 12:15-2:15. Get ready for Halloween and sign up to create, decorate and wear high quality masks designed and manufactured by Celebrity SFX Make-Up Artist, Tyler Green. Participants will mix their colors, paint, and decorate their mask with custom elements provided by Tyler. Most recently Tyler has been a Season Six finalist and All-Star semi-finalist on SYFy Network’s reality show, *Face Off*. For more information about Tyler, check out his website here: www.tylergreenfx.com.

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructor
Horror Mask Making Master Class	3-8	\$75	Wednesday 12:15-2:15	Wednesday, October 12th (early dismissal day)	N/A	15 students	Tyler Green, Tyler Green FX Studio



Fall Musical Information



SOAR and SCS are thrilled to announce that the Fall Musical is BACK!

Students will learn the fundamentals of performing in musical theater including working on music and vocal techniques, memorizing lines and lyrics, and learning a variety of dance styles. No previous theater experience is required! Please look over the rehearsal dates below and note them on your calendar. It is expected that students attend **all** rehearsals that they are called for. Due to the limited rehearsal time, we regret that we will not be able to include students who miss rehearsals due to absences other than illness/emergencies. The production assistant will communicate any changes in the rehearsal schedule to you in advance.

	Grades	Class Fee	Day/Time	Dates	Zoom Link	Maximum	Instructors
Fall Musical: Annie Jr.	3-8	\$90	Monday, Friday, & some Wednesdays	See dates below	N/A	N/A	Darcy Boynton, Stephanie Hahn, Tamra Stephenson, Millen Murray

Important Dates:

Monday & Friday rehearsals run from 3:15-5:15

Wednesday rehearsals are on early dismissal days and run from 12:15-3:00

9/19, 9/21, 9/23, 9/26, 9/30, 10/3, 10/7, 10/12, 10/14, 10/17, 10/21, 10/24, 10/28, 11/4, 11/7, 11/9

Tech Week (mandatory attendance): 11/14, 11/15, 11/16, 11/17 **3:15-6:00**

Show dates: November 18, 19, & 20 (time TBD)

Week at a Glance

	Monday	Tuesday	Wednesday	Thursday	Friday
	Roaring Brook (1-2)	Fun Fitness (1-2)	Beginning Keyboarding (K-2)	Paint, Clay, & Play (K-1)	Beginning Guitar (K-2)
	Boomshaka (2-4)	Food, Farming, & Fun (3-8)	Roaring Brook (1-2)	Fun Fitness (1-2)	Musical (3-8)
	Musical (3-8)	Introduction to Girls' Lacrosse (5-8)	Friendship Bracelets (3-8)	Food, Farming, & Fun (3-8)	
		Boomshaka (5-8)	Yoga & Mindfulness (4-8)	The Ancient Art of Henna (6-8)	

BEHAVIOR EXPECTATIONS

All students attending Salisbury Central School are welcome and eligible to attend SOAR workshops. While attending these workshops, the same behavioral expectations that exist during the school day are also expected during all SOAR workshops, whether they take place on the SCS campus or off-site. All students attending SOAR workshops are expected to: **Be Respectful, Be Responsible, and Be Safe.**

Be Respectful

- Stop, listen and pay attention when someone speaks to you
- Follow directions of instructor and/or other adults
- Use quiet voices as directed, especially when inside
- Use good manners
- Be kind with your actions and words
- Take care of school/SOAR property
- Tell the truth

Be Responsible

- Arrive for a workshop ready to learn
- Be an active participant in class
- Complete all activities/projects as assigned
- Leave no trace

Be Safe

- Walk inside classrooms and the school building, and as directed by instructors who teach outdoors
- Keep hands and feet to yourself
- Maintain personal space
- Follow school safety procedures
- Be sure an instructor/adult knows where you are at all times

BEHAVIOR EXPECTATIONS CONTINUED

Most of the time SOAR instructors are able to handle minor infractions and no further action is required. However, there are times when a behavior is more serious or persistent and requires intervention by the SOAR Executive Director. Depending on the seriousness of the situation, the Director will determine the appropriate response or reaction. If the incident is that of a more serious nature, the parents of all children involved in the offense or situation, will be contacted and a confidential incident report will be written. As deemed appropriate, this report/situation will be shared with the SCS administration. SOAR and the school can then work together to determine the best course of action.

Minor Problem Behavior

- Inappropriate language
- Physical contact (minor)
- Lying
- Unnecessary talking/noise
- Disruption of class
- Defiance/disrespect

Major Problem Behavior

- Abusive/profane language
- Physical contact (Major)
- Lying
- Harassment/Bullying/Teasing
- Disruption of class
- Defiance/disrespect
- Property damage/vandalism

SOAR will do its best to ensure a positive experience for all students enrolled in workshops. We will work with the school and home, as needed, to provide appropriate support and guidance so each child can have a successful experience. Please reach out to the [SOAR Executive Director](#) if your child has a behavioral plan at Salisbury Central that could be useful for instructors to be aware of. All students participating in SOAR workshops and their caregivers will be required to acknowledge the behavior expectations during registration.

Our History

For over 20 years, SOAR, has been offering high quality enrichment programming to the children at Salisbury Central School (SCS) in Lakeville, CT through after school workshops, in-school programming, special events, and teacher mini-grants. The organization's mission is to augment the school's existing daily curriculum and to promote the self-discovery, talents, and learning of every child at SCS.

SOAR was founded in 2000 by Zenas Block, a chemist, entrepreneur, and business school professor who served on the Salisbury Central School Board of Finance for many years. Block envisioned an enrichment program that would bolster and augment the school's existing curriculum, and with the help of the school's principal at the time, C. Zbynek Gold, and SOAR's first program director, Karen Lundeen, he made that vision come to life.

Over his lifetime, Block built many businesses, was awarded nineteen patents, and developed some of the first research and graduate-level courses on entrepreneurship. SOAR was his final project and one he held very dear. Block's legacy lives on in every student who benefits from SOAR'S program. Each year, The Zenas Block Award for Excellence in Science is given to an 8th grader as a way to honor Zenas' legacy.

Our Team

EXECUTIVE DIRECTOR

Lauren Brown

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Bridget Sayler

SOAR Educational Enrichment, Inc. is an independent 501(c)(3) charitable organization. To make a tax deductible donation click [here](#) or visit www.soarkids.com/support-soar

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