

# SOAR WORKSHOPS



Winter courses are here! Registration will open on Monday, January 5th at 8:00am and run through Monday, January 12th at 3:00pm. Our registration form allows you to rank your preference (1st-4th) for multiple classes, and everyone who registers by January 12th will have an equal chance of getting into a high preference class. Please rank only one class as a first choice, second choice, third choice, etc. Registration confirmations will be emailed by Saturday, January 17th. Late registrations will be offered only if spots remain.



REGISTER HERE: <https://forms.gle/Ro7Vdf5HKza7aCUw8>



Para  
español,  
haga clic  
aquí

*"The quality of a public school is the mirror of the community: it affects the future of the community, the people it attracts, and the values of the community."*

-Zenas Block, SOAR  
Founder

For more information:

[soarkids.org](http://soarkids.org)

# Important Information

## DATES/TIMES

Take note of dates and times of each workshop. They vary by workshop and are not consistent from class to class.

## EXTRAS CREDIT

On the registration form, please indicate the days your child is attending EXTRAS. EXTRAS families will receive a one-time \$15 SOAR credit per child on their invoice. This credit applies only to children who are enrolled in both EXTRAS and a SOAR class on the same day. If your child is enrolled in EXTRAS and their SOAR class is on a different day, no credit will be applied.

## SIBLING DISCOUNT

We offer a discount to families with multiple children enrolled in classes.

- 2 children - 5% off total bill
- 3 children - 10% off total bill
- 4+ children - 15% off total bill

## WHAT TO BRING

Pack additional healthy snacks on the days your child attends SOAR. Food sharing is not allowed and we do not provide snacks (unless listed in workshop description).

## CELL PHONE POLICY

Cell phones must remain in backpacks at all times. If a student has a cell phone out during SOAR, it will be collected and returned at the end of class. All communication can be made through a SOAR employee.

## ABSENCES

We kindly ask that you notify the SCS office and the SOAR Executive Director if your child will be in school the day of their workshop but will not be attending their SOAR class.

## PICK UP

Pick up your child promptly. Pickup is from the upper building circle, unless otherwise noted. If your child is going home with someone other than the individual listed on the registration form, please inform the Executive Director prior to dismissal.

## CANCELLATIONS

SOAR workshops are automatically cancelled if SCS closes early or cancels after-school activities. Every effort will be made to make up SOAR classes, but this is not always possible.

## PAYMENT

Invoices from SOAR will arrive in your inbox in October and must be paid within two weeks. Changes to registration must be made prior to the first day of the workshop. We are unable to offer a refund once workshops begin.

## FINANCIAL AID

Financial aid is available thanks in part to Salisbury Family Services. To request confidential support, check the box on the registration form. Salisbury Family Services is here to help anyone in our community get through difficult times. Please visit [salisburyfamilyservices.org](http://salisburyfamilyservices.org) to learn more.

# WINTER WORKSHOPS

Register here:

<https://forms.gle/Ro7Vdf5HKza7aCUw8>

## STORYBOOK SWEETS: Grades K-1 (Thursday)

Do you love books? Do you love to cook? Join Mrs. Charles on an adventure into Storybook Sweets! Students will have an opportunity to hear a story and make a sweet treat related to the book we share, as well as build a cookbook of the recipes used. Priority will be given to students who have not participated before. Please notify us if your child has food allergies.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Storybook Sweets	K-1	\$60	Thursday 3:15-4:30	1/22, 1/29, 2/5, 2/12, 2/19	8	Michelle Charles

## HIGH FIVE HEROES: Grades K-2 (Tuesday)

Join the High-Five Heroes and play imaginative, collaborative games that also build important life skills such as cooperation and communication. Fly high on a runaway magic carpet that takes everyone working together in order to land! Cross a raging river to reach the treasure on the other side – and make sure that nobody falls in on the way! There will be plenty of fun, encouragement, and high-fives to go around.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
High Five Heroes	K-2	\$50	Tuesday 3:15-4:00	1/20, 1/27, 2/3, 2/10	12	Chris McCoy of Project Sage

## MESSY SCIENCE: Grades K-2 (Tuesday)

Explore the world of science through kitchen science experiments that use everyday household items. Learn the science behind slime, chemical reactions and more! Please note that due to the popularity of the class, priority will be given to students who have not taken this class before.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Messy Science	K-2	\$60	Tuesday 3:15-4:30	1/20, 1/27, 2/3, 2/10, 2/24	10	Letitia Garcia-Tripp

## LEGO WINTER WONDERLAND: Grades K-2 (Monday)

Bundle up, we're creating a spectacular Winter Wonderland! Build bobsleds, design snowmobiles, and take a ride on the Polar Express. Explore your snowiest ideas and learn STEM concepts with tens of thousands of LEGO® pieces at your mitten-tips and the guidance of an experienced Play-Well instructor.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Lego Winter Wonderland	K-2	\$60	Monday 3:15-4:15	1/26, 2/2, 2/9, 2/23, 3/2, 3/9	12	Play Well

## LE PETIT RANCH: LEARNING WITH ANIMALS: Grades K-2 (Tuesday)

In this playful and heart-centered after-school class, students build emotional intelligence, literacy, mathematics and social skills through meaningful interactions with our animal partners. Guided by a certified Animal-Assisted Therapist, children will explore weekly themes through stories, movement, cooperative games, and hands-on time with our trained greyhounds—and occasionally, our joyful guinea pigs or friendly chickens! Please note the last class (3/10) will take place at the Ranch and families will be responsible for transportation to and from.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Learning with Animals	K-2	\$60	Tuesday 3:15-4:30	1/27, 2/3, 2/10, 2/24, 3/3, 3/10	8	Marjorie Borreda

## SPANISH SQUAD: Grades 1-3 (Wednesday)

Enhance your Spanish language skills through this lively and interactive class. Students will build vocabulary and conversational confidence while diving into the rhythms and traditions of the Spanish-speaking world. Each session blends language learning with dynamic activities such as songs, games, role-play, and storytelling. The Spanish language will come alive in a playful, natural way.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Spanish Squad	1-3	\$55	Wednesday 3:15-4:15	1/28, 2/4, 2/11, 2/25, 3/4	12	Anna Mayta

## SHADOW STORIES: Grades 1-3 (Wednesday)

Join local artist Michael Siktberg in an exciting workshop where children will learn to craft their own realistic shadow puppets and perform their own stories. Through hands-on activities, the children will explore the art of silhouette design, experiment with light and movement, and work collaboratively to bring their characters to life on screen. The workshop culminates in a final performance for family and friends. It will be an unforgettable celebration of creativity, storytelling, and imagination.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Shadow Stories	1-3	\$55	Wednesday 3:15-4:15	1/28, 2/4, 2/11, 2/25, 3/4	8	Michael Siktberg

## COLLAGE: Grades 2-3 (Thursday)

Children in this class will make collages on medium and large format paper using a variety of materials. They will be encouraged to bring images from magazines or comics from home to add to whatever the instructor provides. They will also experiment with photo-transfers over their own paintings or drawings. No two collages will be the same!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Collage	2-3	\$55	Thursday 3:15-4:30	1/15, 1/22, 1/29, 3/5, 3/12	8	Nikko Sedgwick

## FUSION DANCE: Grades 2-4 (Friday)

Get ready to move! Participants will learn about various cultures through dance styles such as Flamenco, (Spain) Bharatanatyam, (India) West African, Modern (USA), Latin, Caribbean, and Cueca (Chile). The goal is for students to understand and learn the differences, similarities, historical and cultural aspects of each dance style.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Fusion Dance	2-4	\$55	Friday 3:15-4:15	1/23, 1/30, 2/13, 2/20, 2/27, 3/6	12	Anna Mayta

## IMPROV WITH STEPH: Grades 3-4 (Friday)

With an extensive background, interest and love for theater and drama, Steph Hahn will once again bring her many talents to SCS. Improvisation is the art of creating theater spontaneously without any preparation or planning. In this class, participants will learn to freely trust and embrace their creative impulses. Through the exploration of improv games and exercises, everyone will learn to say "Yes" to their ideas, their imagination and their inspirational sources to create full rich characters and scenes. Participants will foster their spontaneity and build confidence. Whether you are new to drama and theater arts or you have been passionate about them for a while, this class is perfect for anyone who wants to have fun.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Improv with Steph	3-4	\$55	Friday 3:15-4:15	1/23, 1/30, 2/6, 2/20, 2/27	12	Steph Hahn

## WINTERTIME CRAFTS: Grades 3-4 (Wednesday)

Join us for this cozy workshop where young artists will celebrate the beauty of our darkest and coldest season, creating snowflakes, stars, and other traditions of winter, using paper, fabric and natural materials.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Wintertime Crafts	3-4	\$55	Wednesday 3:15-4:30	1/28, 2/4, 2/11, 2/25, 3/4	10	Vicki Hayes

## CIRCUS ARTS: Grades 3-5 (Thursday)

In this 5 week workshop we will play games to focus and stimulate creativity and work to improve balance and coordination. We will explore juggling, Chinese yo-yo, flower sticks, spinning plates unicycling, ball walking, and tumbling. New and experienced circus kids will learn new skills and have fun!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Circus Arts	3-5	\$60	Thursday 3:15-4:15	1/29, 2/5, 2/12, 2/19, 2/26	10	Matica Arts

## LEGO ROBOTICS: Grades 3-6 (Thursday)

Rise to the challenge to build and program robots using the LEGO® Spike Prime system! Learn about mechanical and software design, loops, conditional statements, problem solving, and teamwork skills. Design and construct your robot to avoid obstacles, pick up and carry objects, and play sounds. Projects are structured so that students work in an open-ended, investigative environment while having fun.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
LEGO Robotics	3-6	\$60	Thursday 3:15-4:15	1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5	12	Play-Well

## GIRLS' SCIENCE CLUB: Grades 3-6 (Monday)

Join the Flying Cloud Girls Science Club! Welcome to the lab. Together we empower each other to explore all kinds of amazing science through dynamic hands-on experiments and projects. We dive into chemistry, physics, biology and engineering. We will also have the opportunity to meet and work with some incredible women STEM professionals. Monday afternoons in Girls Science are full of inspiration, innovation, and so much FUN! Girls Science Club is open to female identified and non binary students who are comfortable in a space that centers around the female experience in STEM.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Girls' Science Club	3-6	\$60	Monday 3:15-4:30	1/26, 2/2, 2/9, 2/23, 3/2, 3/9	10	Flying Cloud Institute

## BEDAZZLING BOOK CLUB: ALICE IN WONDERLAND! Grades 3-8 (Monday)

Children will listen to a read aloud of Alice In Wonderland and have the option of mindful coloring and bedazzling their own book all while logging Beanstack minutes! In the last sessions we will have a tea party and movie showing.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Bedazzling Book Club	3-8	\$55	Monday 3:15-4:15	1/26, 2/2, 2/9, 2/23, 3/2, 3/9, 3/16, 3/23	20	Sarah Freund & Taylor Hurley

## OPEN STUDIO PAINTING: Grades 4-8 (Friday)

Want to create art with no rules? In this class, children will be encouraged to use acrylic and watercolor to paint whatever they want. They can apply the paint with various utensils including, paintbrushes, squeegees, and more. Whatever style their heart desires, children will be able to let go and follow their creative instincts.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Painting	4-8	\$60	Friday 3:15-4:30	1/16, 1/23, 1/30, 3/6, 3/13	8	Nikko Sedgwick

## FIBER ARTS: Grades 5-8 (Thursday):

Get cozy and learn new skills such as knitting, crochet and soft sculpture. Children will create wearable art and other projects that celebrate the winter season. Stay warm and join in the fun!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Fiber Arts	5-8	\$60	Thursday 3:15-4:30	1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5	10	Vicki Hayes

## YOGA BASICS: Grades 5-8 (Wednesday)

In this fun and relaxed environment, children will learn and explore the foundations of yoga movement and breath. No experience necessary. Please wear comfortable clothes you can move in. Namaste.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Yoga Basics	5-8	\$50	Wednesday 3:15-4:15	1/28, 2/4, 2/11, 2/25, 3/4	10	Jena Marchione

## FEEL THE BEAT WITH SHARON PLAYHOUSE: Grades 5-8 (Wednesday)

Join Sharon Playhouse teaching artist Sarah Cuoco for *Feel the Beat!* Students will have fun while working and learning dance techniques. Dancers will focus on musicality and connecting movement to music. Every class will include jazz dance combinations set to Pop favorites and Broadway hits. Students will have the opportunity to create original choreography!

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Feel the Beat	5-8	\$55	Wednesday 3:15-4:45	1/28, 2/4, 2/11, 2/25	12	Sarah Cuoco

## THE RADICAL LOVE SERIES: VISUAL STORYTELLING THROUGH MIXED MEDIA: Grades 5-8 (Thursday)

Inspired by Valarie Kaur's Revolutionary Love Project, this collage-based workshop invites students to use mixed media to investigate how visual storytelling can deepen an understanding of themselves and others. Through guided prompts, reflective discussions, and collaborative projects, the class fosters an inclusive studio environment where students practice seeing things from multiple perspectives and will then translate their emotional insight into meaningful artwork.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Radical Love Series	5-8	\$55	Thursday 3:15-4:15	1/22, 1/29, 2/5, 2/12	10	Linda Ciano of Project Sage

## COMEDY CLUB WITH SHARON PLAYHOUSE: Grades 5-8 (Friday)

Do you want to laugh and make your friends laugh too? Join Sharon Playhouse teaching artist Michael Baldwin for Comedy Club! Embark on a hilarious and fun adventure into the world of comedy. Explore improvisation, theater games, sketch comedy, and stand-up. No experience is necessary. A willingness to laugh and be silly is required. \*Priority will be given to children who did not participate last year.

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Comedy Club	5-8	\$55	Friday 3:15-4:45	1/23, 1/30, 2/6, 2/13	12	Michael Baldwin

## WOODWORKING CLUB: Grades 5-8 (Monday)

In this exclusive workshop, students will plan, measure, and use hand tools to build their own classic wooden toolbox. All tools are included so each child will have the basic supplies to build on their own. Power tools will be used under careful supervision. \*This class has a strict 4 person max. Therefore, it is suggested that children choose a backup class in case there isn't space.\*

Class	Grades	Fee	Day/Time	Dates	Max	Instructor
Woodworking Club	5-8	\$60	Monday 3:15-4:45	1/26, 2/2, 2/9, 2/23, 3/2, 3/9	4	Ed Thorney

# Week at a Glance

Monday	Tuesday	Wednesday	Thursday	Friday
Lego (K-2)	Learning with Animals (K-2)	Spanish Squad (1-3)	Storybook Sweets (K-1)	Fusion Dance (2-4)
Girls' Science Club (3-8)	Messy Science (K-2)	Shadow Puppets (1-3)	Collage (2-4)	Improv with Steph (3-4)
Bedazzling Book Club (3-8)	High Five Heroes (K-2)	Wintertime Crafts (3-4)	Circus Arts (3-5)	Comedy Club (5-8)
Woodworking Club (5-8)		Feel the Beat (5-8)	Lego Robotics (3-6)	Open Studio Painting (5-8)
		Yoga with Jena (5-8)	Fiber Arts (5-8)	
			Radical Love Series (5-8)	

# BEHAVIOR EXPECTATIONS

All students attending Salisbury Central School are welcome and eligible to attend SOAR workshops. While attending these workshops, the same behavioral expectations that exist during the school day are also expected during all SOAR workshops, whether they take place at SCS or off-site. All students attending SOAR workshops are expected to: **Be Respectful, Be Responsible, and Be Safe.**

## Be Respectful

- Stop, listen and pay attention when someone speaks to you
- Follow directions of instructor and/or other adults
- Use quiet voices as directed, especially when inside
- Use good manners
- Be kind with your actions and words
- Take care of school/SOAR property
- Tell the truth

## Be Responsible

- Arrive for your workshop ready to learn
- Be an active participant in class
- Complete all activities/projects as assigned
- Leave no trace

## Be Safe

- Walk inside classrooms and the school building
- Maintain personal space and body awareness
- Follow school safety procedures
- Be sure an instructor/adult knows where you are at all times

Most of the time SOAR instructors are able to handle minor infractions and no further action is required. However, there are times when a behavior is more serious or persistent and will require intervention by the SOAR Executive Director. Depending on the situation, the Director will determine the appropriate response. For more serious incidents, the parents of all children involved in the situation will be contacted and an incident report will be written. When appropriate, this report will be shared with SCS administration. SOAR and the school can then work together to determine the best course of action. **All students participating in SOAR workshops as well as their caregivers, will be required to acknowledge the behavior expectations during registration.** SOAR strives to create a positive experience for all students. If your child has any special needs (learning/behavior, etc), please inform the Executive Director. We will work together to provide appropriate support and guidance so your child and others can get the most of their SOAR experience.

# Our History

For 25 years, SOAR, has been offering high quality enrichment programming to the children at Salisbury Central School (SCS) in Lakeville, CT through after school workshops, in-school programming, special events, and teacher mini-grants. The organization's mission is to augment the school's existing daily curriculum and to promote the self-discovery, talents, and learning of every child at SCS.

SOAR was founded in 2000 by Zenas Block, a chemist, entrepreneur, and business school professor who served on the Salisbury Central School Board of Finance for many years. Block envisioned an enrichment program that would bolster and augment the school's existing curriculum, and with the help of the school's principal at the time, C. Zbynek Gold, and SOAR's first program director, Karen Lundeen, he made that vision come to life.

Over his lifetime, Block built many businesses, was awarded nineteen patents, and developed some of the first research and graduate-level courses on entrepreneurship. SOAR was his final project and one he held very dear. Block's legacy lives on in every student who benefits from SOAR'S program. Each year, The Zenas Block Award for Excellence in Science is given to an 8th grader as a way to honor Zenas' legacy.

# Our Team

## EXECUTIVE DIRECTOR

Lauren Brown

## BOARD OF DIRECTORS

Elizabeth Schaufelberger - Board Chair  
Laura Bushey - Vice Chair  
Elizabeth McNiff - Treasurer  
Meg Holden - Secretary  
Ali DeProdolini - Program Liaison  
Keavy Bedell  
Tony Bright  
James Clark  
Karen Faveau  
Karen Lundeen  
Larissa Morby  
Pamela Winters

## PROGRAM & EVENTS COMMITTEE

Ashley Adkins  
Darcy Boynton  
Kyla DeRisi  
Marta Eso  
Stephanie Hahn  
Deborah Apsel Lang  
Stephanie Magyar  
Kristen Neary  
Raydin Neary  
Bridget Sayler